

BLENDSTUDIOO

WAXING AFTERCARE GUIDE

✓ DO'S (What to Follow)

- Keep skin **clean & dry** for first 24 hours
 - Wear **loose, breathable cotton clothes**
 - Apply **soothing gel (aloe vera / post-wax lotion)**
 - Use **cold compress** if redness or irritation occurs
 - Moisturize daily after 24 hours
 - Gently exfoliate after **2–3 days** (prevents ingrown hair)
 - Drink plenty of water (keeps skin hydrated)
 - Use **mild, fragrance-free products**
 - Apply **sunscreen** on exposed areas
 - Wash hands before touching waxed area
 - Follow **salon-recommended products**
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✗ DON'TS (Avoid These)

- Don't touch or rub the area frequently
- Don't take **hot showers/baths** (first 24 hrs)
- Don't use **perfumes, deodorants, or harsh products**
- Don't go for **steam, sauna, or gym (heavy sweating)**

- Don't expose skin to **direct sun/tanning**
 - Don't wear **tight clothes** (causes irritation)
 - Don't scratch or pick skin
 - Don't exfoliate immediately (wait 48–72 hrs)
 - Don't shave between waxing sessions
 - Don't apply makeup on freshly waxed face
 - Don't use **active skincare (retinol, AHA, BHA)**
 - Don't swim in **chlorine/salt water** (24–48 hrs)
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FIRST 24–48 HOURS (CRITICAL CARE)

- Avoid heat, sweat & friction
 - Keep area calm & untouched
 - Expect mild redness (normal)
 - No workouts / no sun exposure
 - Use only soothing products
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INGROWN HAIR PREVENTION

- Start gentle exfoliation after 2–3 days
- Keep skin moisturized
- Avoid tight clothing
- Regular waxing (no shaving in between)

? COMMON FAQs

Q. Is redness normal after waxing?

- Yes, mild redness & sensitivity is normal for few hours

Q. Can I shower after waxing?

- Yes, but use **cool/lukewarm water only**

Q. When can I exfoliate?

- After **48–72 hours**

Q. Why do I get small bumps?

- Due to irritation or ingrown hair → soothe + exfoliate later

Q. Can I go to gym after waxing?

- Avoid for **24 hours** (sweat can irritate skin)

Q. Can I apply lotion immediately?

- Only soothing gel/lotion (avoid heavy/fragrance products)

Q. Why is my skin itchy?

- Temporary sensitivity → moisturize & avoid scratching

 **WARNING SIGNS (CONTACT SALON IF)**

- Severe redness lasting more than 48 hrs
- Pus-filled bumps or infection
- Burning sensation or rashes
- Skin peeling or extreme irritation

 **PRO TIP**

- Proper aftercare = **smooth skin + no bumps + long-lasting results**